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**Dear BBBS Parents, Caregivers, and Volunteers,**

We wanted to provide further guidance regarding new COVID restrictions released this week. The new restrictions call for limitations to combining households.

*“Starting December 17, all private dwelling indoor gatherings are limited to immediate households only (single individuals (a person who resides on their own) are permitted to meet with one household of less than five (always the same household). For clarity, a person who resides on their own may not visit or host multiple households and households may not visit or host multiple persons who reside on their own. At all times, there can be no more than 5 persons in the gathering”*

In addition, new orders regarding outdoor gatherings;

*“Starting December 17, all private and public outdoor gatherings are prohibited, except persons in groups of 10 or less may briefly meet to exchange greetings and must ensure physical distancing between households is maintained.”*

For a more comprehensive list of the recommendations and information, follow this link:  
<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/public-health-measures>

**What does this mean?**

We want to ensure the safety of our program participants while they continue to connect and build relationships. For these reasons we are making the following recommendations:

**Big/Little Outings**

- A virtual get together can substitute a face to face outing, talk with your Mentoring Coordinator who can help you with ideas.
  - If you cannot connect virtually because you do not have access either to a device or to internet, please talk to your Mentoring Coordinator.
- Wear your mask when on outings with your Big/Little;
- **Do not** enter each other’s homes (each of you are in your own household and cannot combine households);



- If getting together, make every attempt to do outdoor activities that allow for physical distancing (i.e. tobogganing, ice skating, a walk, snow fort);
- Continue to practice frequent and effective hand washing/sanitizing practices;
- Do not get together if you are feeling unwell/have [symptoms](#), or if you or someone in your household has been in close contact with anyone who has tested positive for or suspects they have COVID-19;

Mentoring Coordinators will continue to conduct “in-person” match support via a virtual platform for the foreseeable future.

We know sometimes it’s hard to come up with activity ideas. As a team we are committed to continuing to provide you with activity ideas for both in person and virtual visits. If you find or hear of great things to do, share them with your Mentoring Coordinator so they can share with others.

**As always, do not hesitate to reach out if you have questions, comments or concerns.**

Take care and stay safe,



Dominika Krzeminska  
Executive Director

